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ABSTRACT OF THE DISCLOSURE

An image sensing apparatus which has an optical system, the focal length of which is variable, and an image sensing element that converts an image formed by the optical system into an electrical signal, and can sense and record a moving image and still image, includes a focal length detection circuit for detecting the focal length of the optical system, and a control unit for inhibiting recording of the still image in accordance with the focal length detected by the focal length detection circuit.